School Start Times

School Committee Presentation
December 2, 2010
School Start Times

- Context of Health Initiatives
  - Building Respectful Communities: Social and Emotional Development
  - Adolescent Development: Sleep, Rest and Brain Development
  - Athletics and injury prevention: concussions
  - Wellness: Eating and Exercise
School Start Times

- Framing Questions for Advisory Committee
  - Health and well-being of adolescents
  - Safety and efficiency of student transportation
  - Expanded services from Community Programs
  - Plan for no impact on student activities
  - No cost impact

North Andover School District
School Start Times

- Committee’s Work
  - Nine months and 30 meetings
  - Involvement of all stakeholders
  - Research presentations and interviews
  - Public Hearing and Interim Report
  - Multiple Surveys
  - Web and newsletter information
# School Start Times: Revised

<table>
<thead>
<tr>
<th>Proposal for 2011-12</th>
<th>Start time</th>
<th>End time</th>
<th>Lngth of Day</th>
<th>Diff Start Time</th>
<th># Buses</th>
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<tbody>
<tr>
<td>High School</td>
<td>7:50 AM</td>
<td>2:32 PM</td>
<td>6:42</td>
<td>+35 min</td>
<td>12</td>
</tr>
<tr>
<td>Middle School</td>
<td>7:20 AM</td>
<td>1:55 PM</td>
<td>6:35</td>
<td>Same</td>
<td>20</td>
</tr>
<tr>
<td>Atkinson</td>
<td>8:35 AM</td>
<td>3:10 PM</td>
<td>6:35</td>
<td>+20 min</td>
<td>2</td>
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<tr>
<td>Franklin</td>
<td>8:35 AM</td>
<td>3:10 PM</td>
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</tr>
<tr>
<td>Kittredge</td>
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<td>3:10 PM</td>
<td>6:35</td>
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<tr>
<td>Sargent</td>
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<td>3:10 PM</td>
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<td>+20 min</td>
<td>7</td>
</tr>
<tr>
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<tr>
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<td>6:00</td>
<td>same</td>
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<tr>
<td>St Michaels</td>
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<td>-35 min</td>
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</tbody>
</table>
School Start Times

- Highlights of Proposal
  - Optimum schedule for high school students
  - Safety in transportation for all students
  - Reduced riding time for Middle School Students
  - An 8:45 a.m. start time for elementary schools
  - Enhanced traffic flow and safety around the NAECC, Atkinson and NAMS consolidated campus
  - Adequate planning time to minimize any impact on athletics and other after-school programs
  - A more comprehensive program provided by Community Programs

North Andover School District