



School Start Times

School Committee Presentation
December 2, 2010



School Start Times

- Context of Health Initiatives
 - Building Respectful Communities: Social and Emotional Development
 - **Adolescent Development: Sleep, Rest and Brain Development**
 - Athletics and injury prevention: concussions
 - Wellness: Eating and Exercise



School Start Times

- Framing Questions for Advisory Committee
 - Health and well-being of adolescents
 - Safety and efficiency of student transportation
 - Expanded services from Community Programs
 - Plan for no impact on student activities
 - No cost impact



School Start Times

- Committee's Work
 - Nine months and 30 meetings
 - Involvement of all stakeholders
 - Research presentations and interviews
 - Public Hearing and Interim Report
 - Multiple Surveys
 - Web and newsletter information



School Start Times: Revised

Proposal for 2011-12	Start time	End time	Lngh of Day	Diff Start Time	# Buses
High School	7:50 AM	2:32 PM	6:42	+35 min	12
Middle School	7:20 AM	1:55 PM	6:35	Same	20
Atkinson	8:35 AM	3:10 PM	6:35	+20 min	2
Franklin	8:35 AM	3:10 PM	6:35	+20 min	6
Kittredge	8:35 AM	3:10 PM	6:35	+20 min	4
Sargent	8:35 AM	3:10 PM	6:35	+20 min	7
Thomson	8:35 AM	3:10 PM	6:35	+20 min	1
NAECC	8:30 AM	2:30 PM	6:00	same	
St Michaels	8:05 AM	2:20 PM	6:15	-35 min	8



School Start Times

- Highlights of Proposal

- Optimum schedule for high school students
- Safety in transportation for all students
- Reduced riding time for Middle School Students
- An 8:45 a.m. start time for elementary schools
- Enhanced traffic flow and safety around the NAECC, Atkinson and NAMS consolidated campus
- Adequate planning time to minimize any impact on athletics and other after-school programs
- A more comprehensive program provided by Community Programs